

MARKET TRENDS

# SEATTLE HOTEL

Actual 2025

ROOM OCCUPANCY

AVERAGE ROOM RATI DAILY REVPAR

Projected 2026

→ ROOM
OCCUPANCY

AVERAGE ROOM RATE ↑ DAILY REVPAR

Year-Over-Year Change

# In March 2025, the trailing twelvemonth occupancy rate was 70.3% for the overall Seattle market

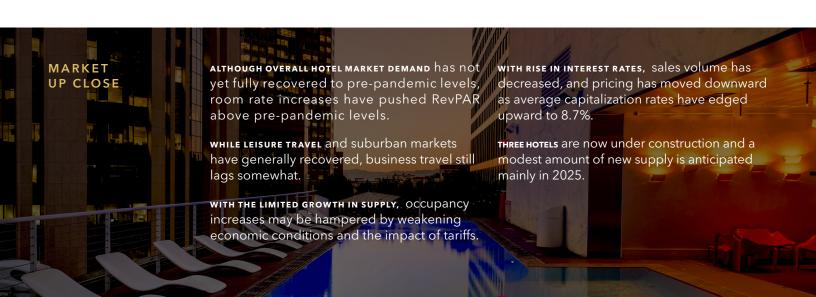
Demand in the Seattle CBD submarket continues to improve aided by a surge in leisure travel and the significant increase in conventions as a result of the increase in convention center capacity. With continued growth in demand and a relatively stable supply plus rising room rates, we expect that hotel performance will continue to steadily improve although at a slower rate than in the past three years. However, there is uncertainty surrounding weakening economic conditions and the impact of tariffs.

The extent of continued recovery in the overall Seattle hotel market is demonstrated by Q1 2025 results reflecting continued improvement prior years since the start of the pandemic in 2020. Immediately prior to the pandemic, trailing twelve-month occupancy was 73.5% in Q1 2020 which fell to a low of 32.6% in February of 2021.

Overall market occupancy improved to 55.8% in Q1 of 2022, to 67.5% in Q1 of 2023 and to 68.3% in Q1 of 2024. ADR fell from \$160 in January 2020 to \$90 in March of 2021 with the onset of the pandemic. ADR has since consistently improved notching \$182 in Q1 2025. This translates to a significant increase in RevPAR from \$30 in Q1 2021 to \$128 in Q1 2025. This is above the RevPAR of \$118 in January 2020 just prior to the pandemic.

In Q1 2025, there were three sales of hotels in the greater Seattle market with prices exceeding \$5,000,000. This includes the sale of the 240-room Embassy Suites by Hilton in Lynnwood for \$75,000/room and the Red Roof Inn in Seatac for \$88,816/room. The 302-room Residence Inn in Seattle sold for an undisclosed price and is subject to a long-term ground lease. Transaction volume fell with the rise in the interest rates but appears to have stabilized with capitalization rates averaging about 8.7% market-wide.

Three hotels are now under construction ranging in size from the 126-room LivAway Suites in Renton up to the 165-room Somm Hotel and Spa, a full-service hotel associated with Autograph Collection and located in Woodinville. New hotel deliveries will result in modest new supply primarily in Seattle and Eastside suburban areas in 2025.



### HOTEL PERFORMANCE

Market	Room Occupancy				Average Room Rate			Daily RevPAR		
	1Q23	1Q24	1Q25	1Q23	1Q24	1Q25	1Q23	1Q24	1Q25	
Seattle CBD	66.9%	69.7%	72.4%	\$225	\$234	\$237	\$150	\$163	\$172	
South Lake Union	69.4%	71.7%	72.6%	\$188	\$196	\$199	\$130	\$141	\$145	
North Seattle	68.6%	67.0%	67.5%	\$148	\$149	\$152	\$101	\$100	\$103	
Bellevue CBD	63.1%	65.3%	67.5%	\$199	\$208	\$225	\$125	\$136	\$152	
SeaTac	72.4%	72.0%	73.4%	\$142	\$143	\$146	\$102	\$103	\$107	
Tacoma	63.8%	63.8%	66.2%	\$164	\$169	\$177	\$105	\$108	\$117	
Lynnwood	69.0%	68.1%	68.3%	\$147	\$147	\$150	\$101	\$100	\$103	
Everett	67.1%	68.1%	68.7%	\$121	\$123	\$125	\$81	\$84	\$86	

### HOTEL DEVELOPMENT

Name	Address	City	Туре	Opening	Rooms
Element Seattle North	601 Aurora Avenue N	Seattle	Limited Service	2025	143
Residence Inn by Marriott	14485 Redmond-Woodinville Road NE	Woodinville	Boutique	October 2025	165
LivAway Suites	751 Park Avenue N	Renton	Limited Service	2025	126

### HOTEL TRANSACTIONS

Name	Location	Year Built	Sale Date	Sale Price	Rooms	\$/Room	\$/SF
Embassy Suites by Hilton	Lynnwood	1992	Febraury 2025	\$18,000,000	240	\$75,000	\$94
Red Roof Inn	Seatac	1979	February 2025	\$13,500,000	152	\$88,816	\$164
Residence Inn	Seattle	2017	January 2025	Undisclosed	302	NA	NA

Data Sources: STR, CoStar, and Kidder Mathews Valuation



## CONTACT

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COMMERCIAL BROKERAGE	\$9B  AVERAGE ANNUAL  TRANSACTION VOLUME	26.2M ANNUAL SALES SF	36.7M ANNUAL LEASING SF
ASSET SERVICES	58M SF  MANAGEMENT PORTFOLIO SIZE	850+ ASSETS UNDER MANAGEMENT	250+ CLIENTS SERVED
VALUATION ADVISORY	2,400+  AVERAGE ASSIGNMENTS	39 TOTAL APPRAISERS	24 WITH MAI DESIGNATIONS